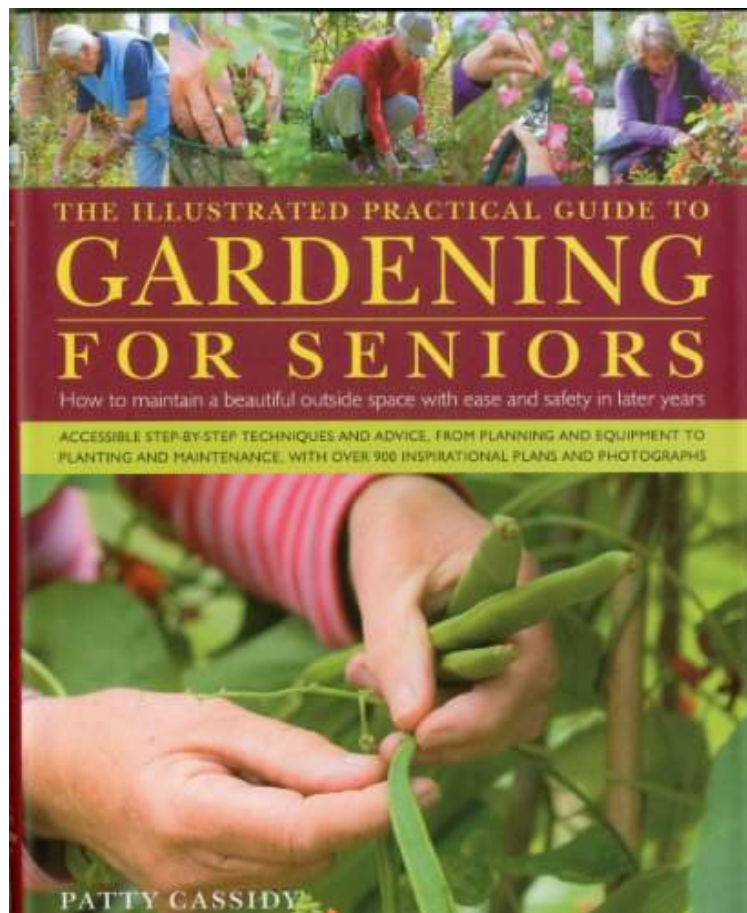



The Illustrated Practical Guide to Gardening for Seniors: How to maintain your outside space with ease into retirement and beyond

## **The Illustrated Practical Guide to Gardening for Seniors: How to maintain your outside space with ease into retirement and beyond**

*By Patty Cassidy*



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6 of 7 review helpful Excellent resource for seniors and others By Naomi Alena Sachs As Director of the Therapeutic Landscapes Network I get many requests from people for books on gardening for seniors and others with limited mobility This book delivers It is chock full of good ideas about tools ergonomics etc as well as gorgeous illustrations photos and drawings I can see this being used not just by older adults A fresh and inspiring new guide to gardening for those in the second flush of youth from active retirees to those with more limited abilities About the Author Patty Cassidy is a horticultural therapist with experience working with assisted living elders seniors with physical limitations or memory disorders and neglected children She currently works in a horticultural therapy role at a number of heal

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