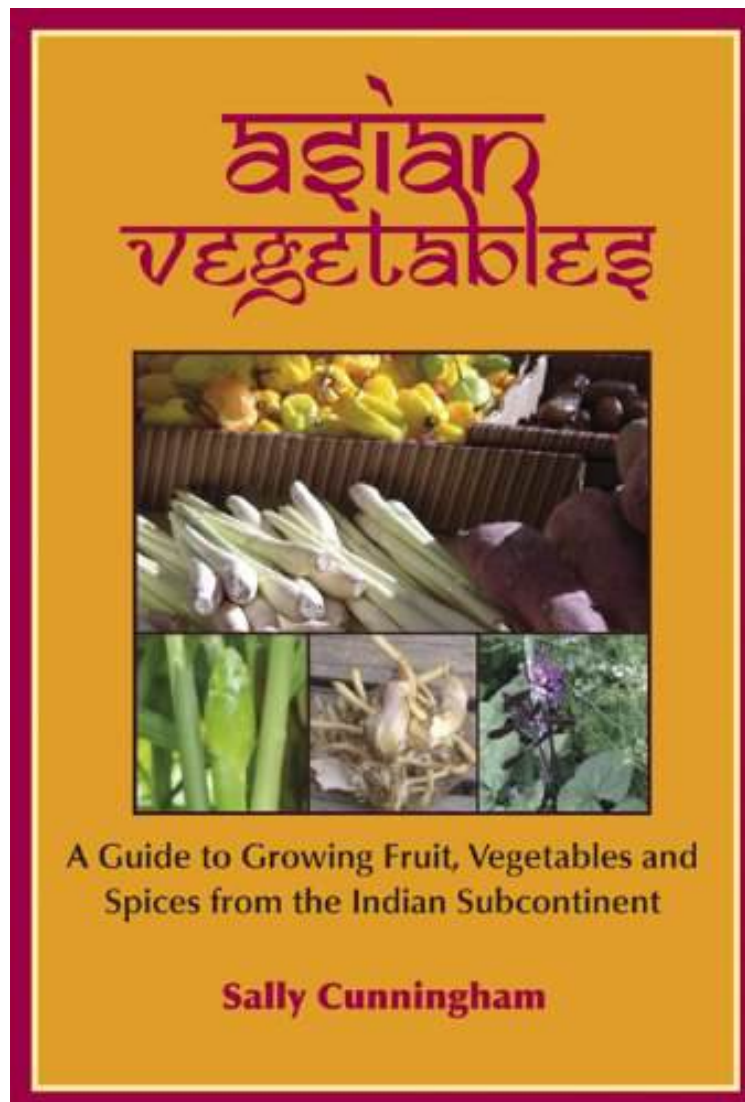


Asian Vegetables: A Guide to Growing Fruit, Vegetables and Spices from the Indian Subcontinent

By Sally Cunningham



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2 of 2 review helpful Guide to growing INDIAN vegetables OK but much room for improvement By mariolina I vacillated between 3 and 4 stars for this book because despite the Sally Cunningham s expertise diligent research and first hand experience in growing these vegetables the book has some serious shortcomings that could have been easily avoided if her publisher Eco Logic Books had done a better job of shaping editing Asian Vegetables brings together a wealth of information on over 40 varieties of fruit vegetables and spices that are grown on the Indian subcontinent and form a distinctive part of the unique cuisine in that part of the world Each plant comes together with details of what to look for when buying the different varieties available their nutritional value comprehensive cultivation instructions useful colour photographs and much more Most can be gr A superb and useful book Home Farmer About the Author Sally Cunningham has been a professional organic gardener for nearly 30 years She has been Deputy Head Gardener at the prestigious Ryt

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